

WONDER WEEKS NO-STRESS CHEAT SHEET

Mental Leap	Approximate Age	Developmental Basics
Leap 1	5 weeks old (1 month)	Changing Sensations. Baby starts becoming more aware of physical stimuli.
Leap 2	8 weeks old (2 months)	Patterns. Baby recognizes patterns and notices he is separate from the world. Increase use in senses.
Leap 3	12 weeks old (2.75 months)	Smooth Transitions. Baby literally starts being less jerky. Starts getting more control over his body.
Leap 4	19 weeks old (4.5 months)	Events. Baby can recognize a sequence of events. (Pick up toy, put in mouth, etc.)
Leap 5	26 weeks old (6 months)	Relationships. Baby starts to notice physical distances and the initial basics of cause and effect.
Leap 6	37 weeks old (8.5 months)	Categories. Baby learns items can be put into groups.
Leap 7	46 weeks old (10.5 months)	Sequences. Baby learns there is an order to things and can start to replicate this order.
Leap 8	55 weeks old (1 year .75 months)	Programs. Baby learns there is more than one way to reach the same end.
Leap 9	64 weeks old (1 year 2.5 months)	Principles. Baby can start planning how to accomplish basic goals.
Leap 10	75 weeks old (1 year 5.25 months)	Systems. Baby starts understanding different systems of how the world is set up. Starts to have a notion of self and a conscience. Can start to decide how to behave.