

WONDER WEEKS NO-STRESS CHEAT SHEET

| Mental Leap | Approximate Age | Developmental Basics |
|-------------|-----------------------------------|--|
| Leap 1 | 5 weeks old (1 month) | Changing Sensations. Baby starts becoming more aware of physical stimuli. |
| Leap 2 | 8 weeks old (2 months) | Patterns. Baby recognizes patterns and notices he is separate from the world. Increase use in senses. |
| Leap 3 | 12 weeks old (2.75 months) | Smooth Transitions. Baby literally starts being less jerky. Starts getting more control over his body. |
| Leap 4 | 19 weeks old (4.5 months) | Events. Baby can recognize a sequence of events. (Pick up toy, put in mouth, etc.) |
| Leap 5 | 26 weeks old (6 months) | Relationships. Baby starts to notice physical distances and the initial basics of cause and effect. |
| Leap 6 | 37 weeks old (8.5 months) | Categories. Baby learns items can be put into groups. |
| Leap 7 | 46 weeks old (10.5 months) | Sequences. Baby learns there is an order to things and can start to replicate this order. |
| Leap 8 | 55 weeks old (1 year .75 months) | Programs. Baby learns there is more than one way to reach the same end. |
| Leap 9 | 64 weeks old (1 year 2.5 months) | Principles. Baby can start planning how to accomplish basic goals. |
| Leap 10 | 75 weeks old (1 year 5.25 months) | Systems. Baby starts understanding different systems of how the world is set up. Starts to have a notion of self and a conscience. Can start to decide how to behave. |